Around Langley



Langley Railway Station

A FREE magazine published by the Langley Churches for the people of Langley

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Did you know, 'Knock, knock'

Lockdown Puzzle

Church Directory

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So you think English is easy?

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We'll begin with a box, and the plural is boxes
But the plural of ox becomes oxen, not oxes.
One fowl is a goose, but two are called geese,
Yet the plural of moose should never be meese.
You may find a lone mouse, or a nestful of mice,
Yet the plural of house is houses, not hice.

If the plural of man is always called men,
Why shouldn't the plural of pan be called pen?
If I speak of my foot, and show you my feet,
And I give you a boot, would a pair be called beet?
If one is a tooth and a whole set is teeth,
Why shouldn't the plural of booth be beeth?

Then one may be that, and three would be those, Yet hat in the plural would never be hose, And the plural of cat is cats, not cose. We speak of a brother and also of brethren, But though we say mother, we never say methren.

Then the masculine pronouns are he, his and him, But imagine the feminine: she, shis and shim!



Small, Hesitant Steps ...

The vaccination programme has been a success story and everyone hopes that this is the biggest stride towards some kind of normal life starting up again. The Prime Minister has warned that the easing of restrictions will be gradual and the much vaunted Road Map will be a series of minimaps, where and when we go from one to the next to be decided nearer the time. Most of us would agree that this is as should be. Even the smallest relaxations will be greatly appreciated by the people.

In this issue, Richard Shircore writes about how he faced the Lockdown a year ago, when first introduced, a totally new and alien experience to us all. Had he kept up his diary, he might have noted that, strangely, in the end we didn't have enough time to do all the things we were planning to do and some of the jigsaw puzzles we bought, for example, are still sitting around unopened!

The long period of isolation has affected us all to some degree, how we feel and how we behave. The first time I went into a big shop after a year of near-shielding was quite an experience; the sheer sense of achievement was absurd! It is easy to understand how very hard it has been for those who live alone and isolating as well as for children out of school. Let us hope that the re-adjustment to social life will not be hard and that the crisis in mental health created by the Lockdowns, especially for children and young people will ease.

We need to continue to be cautious, but here's hoping that soon we can meet our families again and meet friends at least in our gardens ...

Anna Thomas-Betts

News from Around Langley



Please see their website, www.langleyforum.org/ for news and updates.

Langley Community Coffee Shop



I am writing to tell you about an exciting new role I have recently taken on, as Chair of the Langley Community Coffee Shop. I have been the minister of Langley Free Church for nearly three years and came here with a passion to reach out to the community of Langley. So, when the Rev. Robin Grayson invited me to take over from him as Chair on his retirement, I was very pleased to accept.

The coffee morning will meet weekly at Holy Family Catholic church, not at Langley library, Trelawney avenue, when lockdown restrictions allow and we are able to do so. Everyone is welcome to attend.

We invite guest speakers to come and speak on a variety of subjects from time to time, and sometimes do activities such as seated exercises as well.

I have also set up a Coffee morning at Langley Free Church called Chatcaf that meets on the first and third Saturdays of the month between 10am to 12pm, although we can only meet online via Zoom at the moment . I look forward to meeting some of you at our coffee mornings when we are allowed to.

Rev. John Bernard

March has arrived, a whole year on from the outbreak of the Pandemic, an *annus horribilis* where we have been isolated from our friends, family and socializing with organizations such as the Coffee Shop. However, with the successful rollout of the vaccine, there is real hope that life will be able to get back to normal and we shall see the coffee shop reopen by the summer, no longer in the library but in the hall at the rear of the Holy Family Catholic Church. We hope that this venue will provide just as good a place to meet where hospitality and friendship can be offered.

In the past our speakers have provided information about other organizations in the community and we have been able to indicate sources where people could find help. Also we have provided links across the community.

We were sorry to hear about the death in February of Kevin Blanchard who ran the Haven fish shop in Trelawney Avenue. Our members have fond memories of him and our condolences go to his family.

Sheila Papali

The Hamper Thank That Said ...



Readers will recall the request we issued in our December magazine, asking for nominations: we wanted to create an opportunity within the community of Langley for people to say thank you for something that someone has done for them to brighten their year.

You were asked to email Sam MacKenzie mackenziesam@waitrose.com with the following information: the name of the person(s) nominated and the reason for the nomination. One name drawn from a hat would receive a hamper.

There were a few nominations from a handful of people. The reasons for nominations ranged from flower arranging in church to editing Around from cheerful pastoral care Langley: phone calls to supportive, encouraging chats on the door step; from cleaning the church to keeping the churchyard tidy. And providers of music in church, from the organist to the choir members also featured

The name drawn from all the nominations 'the staff of Rite Price', the was greengrocers in the Harrow Market. The citation from Josephine Hanney read, 'for their cheerful and helpful customer service since COVID began: especially that they do free local deliveries.'

We are delighted that the hamper went to people outside the church, and especially for services rendered specially helpful and appropriate during the pandemic.

The Way We Were: March to April 2020

At the start of the Covid pandemic in March 2020 I thought I would keep a diary of events. This I did for a few weeks, until the scale of the threat and the monotony of Lockdown became ever clearer and I lost interest. However this is what I was thinking during March and April. I wrote...

26/March/2020: The full Lockdown began on the 22nd March. I have been "socially isolating" or avoiding crowds since the week before in Cornwall (where I had been on holiday with my wife and daughters).

Two emotions: 1) it's a lovely Spring. Sunny during the day and very cold at night. The blossom is everywhere. 2) I am quite concerned about catching the virus. I am too young to die! A relative of mine has had it, as well as Prince Charles.

At present we have lots of food and I have lots to do.

I quite like a Lockdown. It may pall in a week or two. My wife does not like it. Her exercise classes are on Zoom.

I wonder what will happen when it's all over! I am sure many things will change but which ones?

Apparently they have found UK's first Covid-19 patient. A male skiing in Austria: he engaged in a drinking game where each player sucked a ping-pong ball out of a glass of beer, and then spat



dreadful night's sleep. I tried deep relaxation and breathing — to no effect. I now have had two nightmares involving our tortoise! Both nightmares horrible and I am to blame (in them).

it back in and everyone drank out of it!

Sunday 9th March Clocks went forward. My son brought food round yesterday and the day before. Have finished painting the summer house. Weather bitterly cold! I shall have an open fire this afternoon. Oh dear, I can see snow outside now!!

Monday 30th March o8.30hrs It is the start of the second week of Lockdown. This second week will be much harder. Firstly the weather is really cold – top of 9°C down to o°C at night. Tortoise back hibernating. Wind from NE. Brrrrr!

Now our social interchange is by phone, SKYPE and WhatsApp. But food supply good. I now worry about keeping the cars running after such a long shutdown.

Daughters also working from (their) home (In Bristol). Oh well, back to writing my Paper.

April 2nd og.32hrs. The cumulative effective of this "stay at Home", is beginning to have an effect. I have had a

I am now trying to organise talking to chums (on ZOOM) as lack of social contact maybe causing the problem.

6th **April**. 38 hrs Sleep, Sleep, Sleep. The Lockdown (continues) to play havoc with my sleep pattern which is rarely very good. Wife woke at 5am this morning and could not get back to sleep. After much toing and froing we had tea at 6am. I now feel dreadful and can't think straight.

Spent most of yesterday in the garden in the sun, 21°C lovely. Today rain. Good because I had planted some vegetable seeds.

Trustees including me are trying to keep Charity X on the right track. It's all rather challenging. Boris (PM) is now in hospital.

Next week is Easter. It will be very hard not to be together. We shall miss seeing our children dreadfully. I shall try to be philosophic. Here's to the future.

Postscript Here I stopped making diary notes, every day was rather like the one before. Looking back there was both

optimism and fear of the unknown. A year later we have vaccines and a clear hope that things will get better by May/June? In particular, that we can meet socially with friends and visit places to eat out, see plays and go to the cinema. How the ordinary can suddenly become precious. Again looking back over a year I see the importance of being grateful. It is a Christian teaching but it contains an important moral message. Being grateful drives out resentment, anger and negative thoughts. However it is not always easy.

Richard Shircore

Icons or Idols?

When the Rev. Robin Grayson retired a few weeks ago, a farewell present that he was happy to accept as a token of affection from the parish was an icon. This was to be a specially commissioned icon from Mucknell Abbey, depicting the Visitation, that is, the visit of Mary in her early pregnancy to her older cousin Elizabeth who was pregnant with John the Baptist. The Patronal Festival of Langley parish, dedicated to St Mary, celebrates the Visitation.

Several parishioners were unsure of what an icon was, that was being presented to Robin. Computer and IT technology adopting the term icons (for the little symbols on our computers signifying certain programs or apps) has certainly made the word so popular that the far more ancient usage, of icons in religious

worship, has been forgotten by most people.

Icon literally means image in Greek and religious icons are most often paintings, although stone carvings and cast metal artwork can also be icons. There is a great variety of them: depictions of many facets of Jesus (as a King, as the good shepherd, the light of the world, the Word ... the list is endless!), Virgin Mary (especially holding the infant Jesus or standing by the cross), different apostles and saints and situations like the Crucifixion or Ascension. Probably an icon many people would recognise is that of Abraham's (angelic) visitors by Rublev, which is interpreted to be a depiction of the Holy Trinity.

"You shall not make for yourself an idol ... You shall not bow down to them or worship them": the Abrahamic faiths, Judaism, Christianity and Islam, believe this to be the second of ten commandments God gave to Moses on Mount Sinai. This was what set apart the Chosen People from all the gentiles around them, who made idols of Gods in gold or silver or wood or stone.

Muslims are very strict about not making any kind of images especially of human beings lest they break this divine injunction. Nevertheless, the desire to make places of worship beautiful is so strong in human beings that they choose wonderful calligraphy and intricate geometric designs to adorn mosques and other significant buildings. In Jewish

worship also there are seldom any images used. Symbols of the menorah (the candelabra with seven branches) and the Star of David are used extensively.

In Christianity, however, there has been waxing and waning of the use of icons. Anyone who has visited Orthodox churches, especially in Eastern Europe and North Africa, would have noticed the faithful walking past icons, very often kissing them, or just touching them; as would have happened for centuries.

In fact, despite the Judaic origin of Christianity, there are Christian icons dating back to c. 200 AD, and many of the symbols used in the paintings had pagan or Roman connections. The early churches were adorned with religious paintings. But there were periods in history in Christianity also when the use of images was thought by various denominations to be against God's law. A major example of this is the Byzantine iconoclasm (literally, breaking of images)



Iconoclasm in progress!



Mother of Tenderness: an Icon by Brother Michael Bosshard of Mucknell Abbey.

that happened in the 7th and 8th Centuries –for a mixture of reasons, theological, political and cultural, affecting the Orthodox church—although icons were soon re-instituted in churches. Nowadays we use the term iconoclast to describe anyone who opposes any established conventions or dogma, but it has its origins in the destruction of religious icons— dating back to the Byzantine period! What happened during the Reformation in Europe is not dissimilar, and its roots are equally complicated.

Whatever we feel about icons, it is worth acknowledging that making of divine images goes back in history, before Christ. The religious paintings of the

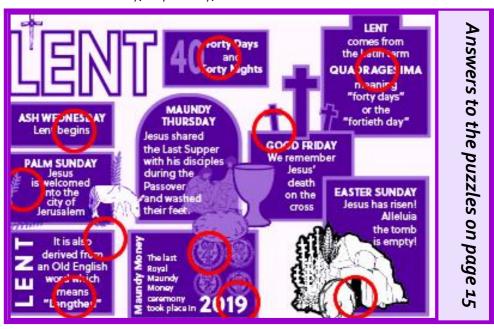
gods and goddesses in Hinduism and the statues of Buddha all around Asia are analogous to Christian icons. Some faiths and cultures would appear not to have had a conflict about worshipping 'objects' rather than the abstract concept of God. The justification for the practice everywhere is that most devotees need something physical, tangible, to draw them to God. Our eyes while they look upon the image, are seeing beyond it, having a glimpse of what it represents.

So it is, that there is a renaissance of the use of icons in the church at present and a plethora of books on how to use icons in one's prayer life. Notable are the two devotional books from the former Archbishop of Canterbury, Dr Rowan Williams, Dwelling in the Light and Ponder these Things, on praying with icons of Jesus and Mary, respectively; and

one by Henri Nouwen, Behold the Beauty of the Lord, meditations inspired by paintings including that of the Prodigal Son by Rembrandt.

It is difficult to avoid asking the question, 'Is there a difference between praying with icons and idolatry?' There will always be people who need the help of images to draw them to God, while there will be others who like to meditate in solitude with eyes closed, as did the hermits of old. My own view is that idolatry is anything that displaces God as the centre of our being, whether it is greed, ambition, lust, material wealth; or obsessions of any kind. Anything, or anyone, that can draw us closer to God surely cannot be idolatrous in God's eyes.

Anna Thomas-Betts



Regular Weekly Service Times



Holy Family (Roman Catholic) (Trelawney Avenue)

We broadcast a Mass over the internet each **Sunday at 10am**People are welcome to email holyfamilylangley@yahoo.co.uk
to ask for an invitation to register.

Langley Free Church (Baptist) (Trelawney Avenue)

All our Sunday services are at 10.30am and currently recorded, the first Sunday of the month being All-Age worship They are accessible via Youtube search: type in 'Langley Free Church'; or via our Church website www.langleyfree.org.uk. We hope to be live-streaming shortly.

The Anglican churches of St Mary (St Mary's Road), St Francis of Assisi (London Road) and Christ the Worker (Parlaunt Road) will be closed for regular services during the lockdown and all services will be by Zoom.

On Sundays at 11.00am there will be Holy Communion or Morning Worship.

On Weekdays (Mon—Sat) morning prayer is at 8.45am

There will also be Zoom Bible Study sessions at 2pm on Wednesdays

Log in details are the same, and are available on https://www.facebook.com/ParishofLangley/

All group activities in our churches are suspended until further notice. See also Parish Directory on p. 19 for contact details for churches.

DO YOU WANT TO FAST THIS LENT?

In the words of Pope Francis

Fast from hurting words and say kind words.

Fast from sadness and be filled with gratitude.

Fast from anger and be filled with patience.

Fast from pessimism and be filled with hope.

Fast from worries and have trust in God.

Fast from complaints; contemplate simplicity.

Fast from pressures and be prayerful.

Fast from bitterness; fill your hearts with joy.

Fast from selfishness and be compassionate.

Fast from grudges and be reconciled.

Faith Matters

The Man in the Shadows

One of the earliest memories of my childhood is of me sitting with my brother listening to papa telling us about "The Legend of St Joseph" a story from Maltese folklore. It describes how some angels found out that not a few unauthorised people had somehow sneaked into heaven. A search was made and it transpired that Joseph was letting these people in, his devotees, by helping them climb over the heavenly wall at night. Joseph was arrested, tried and was ordered to be deported from heaven. He pleaded guilty and accepted the verdict adding that he would leave heaven as decreed but he was taking with him Mary and Jesus. In a summary unexplained judicial volte-face, Joseph's conviction was guashed. Point of the story: devotion to St Joseph is a ticket to heaven!

The Solemnity of St Joseph, Husband of Mary is celebrated on 19th of March and that of St Joseph the Worker on 1st May in the Catholic and Anglican Churches. Last December, Pope Francis on the 150th anniversary of the proclamation of St Joseph as patron of the universal Church, published an apostolic letter entitled *Patris Corde* (With a Father's Heart). The

letter basically portrays St Joseph as the model of fatherhood. St Joseph is a saint like no other. As a descendant of David, he stands at the crossroads between the Old and the New Testaments.

It is because the Gospels are the proclamation of the Good News of the Kingdom and not the Life Story of Jesus that St Joseph has a low profile. We do not hear much about the early life of Jesus also for that reason. Early on Joseph recedes to the background and we never hear a word about him after Chapter 2 of Matthew and Luke, although all four Gospels refer to Jesus as "the son of Joseph".

Yet, in spite of this scanty data, we learn enough to appreciate that those who appear in the shadows hidden from the eyes of men, can play an incomparable role in the history of salvation. In the wider picture St Joseph represents the Holy Spirit as the loving spouse of Mary. He was the earthly shadow of Jesus' heavenly Father. It must have been evocative for Mary and Joseph to hear Jesus often call Joseph "Abba" in their daily conversations.

Graphically but realistically, quoting Hosea (11:3-4) Pope Francis writes: "As the Lord had done with Israel, so Joseph did with Jesus: he taught him to walk, taking him by the hand; he was for him

like a father who raises his infant to his cheeks, bending down to him and feeding him." All along Joseph knew that this child was not his own. He was merely entrusted to his care. Did Jesus not say: "Call no man your father on earth, for you have one Father, and he is in heaven" (Mt 23:9)?

The personality of St Joseph highlights the all-important purpose of our life, to discern God's will for oneself and act on it. As the old penny Catechism taught some wanting to spare her embarrassment and save Jesus the baby in her womb. As an ordinary carpenter in a small town he literally walked humbly with Jesus his apprentice, his God.

True, Joseph does not say a word in the Gospels, but he was always an attentive listener to God's guidance and certainly an active doer. God asked of Joseph some hard things. It was hard for Joseph, a God fearing religious Jew, to believe the angel he saw in a dream and accept Mary as his



wife in spite of the condition she was in. Soon after the baby was born, he was asked to embark on a long journey on foot, becoming an exile in a foreign land to protect the baby Jesus. It would have been hard for Joseph hear to Simeon's words, at the Presentation at

of us when we were children: "God made me to know Him, to love Him and to serve Him in this world and to be for ever happy with Him in the next." The prophet Micah puts this so beautifully, "This is all I ask of you: to act justly, to love tenderly and to walk humbly with your God." (Mic. 6:8) And this is what St Joseph did to a remarkable degree.

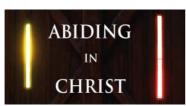
He was a just man (Mt 1:19), a man of integrity. He loved Mary tenderly,

the Temple, about the suffering to come for Mary and Jesus.

But there is a flip side to this coin: unbeknown to all but him and Mary, Joseph was being entrusted with the greatest role imaginable, nurturing to adulthood heaven's greatest treasure, God in human form.

Alfred Agius

Week of Prayer



Christian Unity

From Monday January 18th to Saturday 23rd Christians from the five main churches in Langley experienced this annual event in a new way. In previous years they have met in each of their churches in turn, and then on Saturday in the chapel of the Daughters of St Paul's, for a short time of prayer together followed by coffee and getting to know one another better.

This year, like so many things, we met on Zoom with each of the local church ministers, Rev. Shola Aoko, Canon Kevin O'Driscoll, Rev. John Bernard and Rev. Robin Grayson in turn leading the distant, separate, but very connected congregations in prayer.

The theme was 'Abiding in Christ', based on chapter 15 of John's gospel, and the material was prepared by the Monastic Community of Grandchamp of around 50 women in Switzerland. The theme is taken from Jesus' words, 'Abide in my love and you shall bear much fruit'. The

sisters, from different generations, Church traditions, countries and continents, are themselves a good example of Christian Unity and living in communion. Each session comprised bible readings, reflections and prayers, including free prayer time which allowed people to actively participate from their homes.

The Week of Prayer for Christian Unity is an international programme for Christians from a wide range of denominations to come together locally, demonstrating their shared faith in Jesus Christ. The Langley meetings were arranged by the leaders of the five churches of Church of England, Roman Catholic, and Free Church (Baptist) who meet together regularly, as an informal 'Churches Together' group, throughout the year.

There are nearly 2,000 'Churches Together' groups in the UK most of whom operate on a more structured basis and with strong lay participation. Many of them operate with a wider programme of shared activities than our own annual Good Friday Walk of Witness, Lighthouse and giving support for the Homeless to Sleep Night Shelter in winter.

Tony Randall

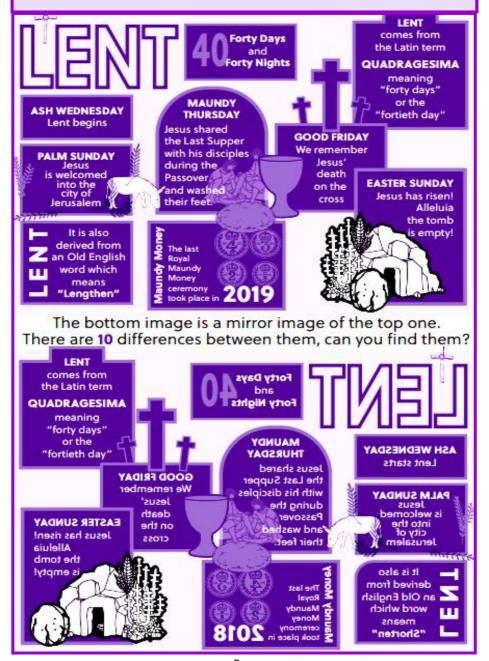
DID YOU KNOW... where 'Knock, knock' (in jokes) come from?

From Shakespeare! Hard to believe? Macbeth Act2 Scene 3 has the Porter at Hell's gate (rather fed up with the number of people he has to allow in) saying, exasperatedly: Knock, knock, knock! Who's there i' th' name of Beelzebub?



More puzzles for Lockdown ...

(Devised by Angus MacKenzie. Answers on page 9.)





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Would you like to join an Alpha course?



An online Alpha course will be run by the Rev. John Bernard, starting in March, with an 11am start. To join, or for more information, contact him by phone on 01573 473219 or email him on

rev.johnbernard@gmail.com.

See also the Alpha website: www.alpha.org.uk

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Around Langley

If so, you may like to give £5 a year towards the costs of the magazine. Please make a donation at any of the sponsoring churches.

Dee S Clark



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Hall Lettings: Simona de Gregorio. tel. 07968 408813
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Parish Priest: Canon Kevin O'Driscoll Deacon: Rev. Graham Jones Hall Hire: Mrs Maria Boland

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Langley Free Church www.langleyfreechurch.org.uk

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