

February & March 2026

Around Langley



The Red Lion pub in St Mary's Road

A FREE MAGAZINE
published by the Langley Churches
for the people of Langley

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Classical Music Concerts—Near You!

SLOUGH PHILHARMONIC SOCIETY



Orchestral Concert

7:30pm, Sat 7th March 2026

Caldicott School, Crown Lane,

Farnham Royal,

SL2 3SL

Sibelius: *Finlandia*

Rachmaninov: *Piano Concerto #3*

Walton: *Symphony No 1*

Choral Music

Saturday 16th May 2026

3pm and 7.30pm

Taplow Court, Taplow SL6 0ER

Brahms: *Academic Festival Overture*

Jenkins *Adiemus*

Gipps: *Clarinet Concerto*

Tin: *Baba Yetu and*

Glorious Life Songs

Further information and tickets: **sloughphil.org**

Box office: 0300 365 7445



Blessed are the Peacemakers

As I write this in the middle of a taciturn winter, it is not so much the weather, nor even storms like Gorette, that makes me anxious as much as the apparent threat to the world order that we have lived under over the past few decades.

While Around Langley does not as a rule engage in Party politics, it is difficult to ignore the potential for disastrous consequences for the world posed by President Donald Trump who apparently has no regard for international laws or regulations when it comes to 'Making America Great Again' as he defines it. Why should America alone be great again? One wonders.

He seems to consider himself a peacemaker. I am reminded of two of the Beatitudes: Blessed are the meek, for they shall inherit the earth and Blessed are the peacemakers, for they shall be called sons of God. It is as though through a grotesque twist, a conflation and misinterpretation of the two, he sees peace-making as a way to inherit the earth, or the riches of the lands, whether in Gaza, Ukraine or Venezuela. We pray for world leaders to rise up, who will genuinely be working for real peace – peace with justice.

Here is the latest edition of our magazine – a smorgasbord of offerings which I hope you will find interesting and topical. It is good to welcome Magdalena Farynska again, reporting on the future of food, as well as Andrew Grey discussing aspects of a live issue of importance in medical and welfare circles, about 'overprescribing'. Christian Foley has shared with us a poem about our Planet, which is not only evocative, but also thought-provoking.

(Cont'd on page 17)

News from Around Langley

Langley Community Coffee Shop



The Coffee Shop reconvened on the 6th of January and after all the hustle of Christmas, I'm sure people are glad to return to a community activity where they can share their Christmas experiences and return to their normal routine. With so many Christmas lunches and other festive food, one can't help feeling a little guilty about people who live in poverty. As Christ taught us in his parables of 'The Good Samaritan', did we remember to help those who are less well off? Maybe with donations to the Foodbank in the supermarkets?

Not all our speakers are directly from charities but they are invited to nominate a charity to which we can then make a donation of £40. Because we have been funded by Berkshire Community Fund, we are able to make such a donation to the charities we have had speakers from, or have been nominated by them.

On **10th February** we have a singer as our guest, who will sing songs from the 50s and 60s. Then on **17th March** a speaker whom we have had once before, Graeme Jenner, will give a talk on the famous aeroplane, 'The Concorde'.

For anyone wishing to join our group: we meet once a week from 10am until 11.30am

in St Joseph's Hall at the back of The Holy Family Catholic Church in Trelawney Avenue, SL3 7UD. So if you would like to meet some new friends or even volunteer to help once a month with getting coffee and tea ready for the group, please come along. Everyone is welcome.

Sheila Papali

Neighbourhood Action Group
Langley

Do you want to have a say in how communities and organisations can work together for a Safer Langley?

Are you keen to get involved and make a difference in your community?

Get involved in the Langley Neighbourhood Action Group, bringing together everyone who wants to improve the local area.

The logo for 'Safer Langley' is colorful and stylized. It features a cat on the left, a rainbow arching over the word 'Safer', and a person on the right. The word 'Langley' is written in a large, bubbly font below 'Safer'.

Please come along, and spread the word

When:
Thursday
19 February
6pm

Where:
Langley Pavilion
Langley Road,
Slough, SL3 8BS

001328154128

Community Connect



Share a delicious free fish-and-chips lunch with friendly faces; be part of an uplifting and inclusive community; take a break from caring responsibilities; feel connected, appreciated, and supported.

It's free – just book your place and show up!

Venue: 1st Langley Scouts, Gosling Road, Langley, SL3 7TP

Time: 10am–2pm (Shows start at 11am sharp)

Entertainment:

January 22nd – [Talía](#)

February 26th – Scott Jenner

March 26th – [Leona](#)

April 23rd – Blazena

To book your place:

[https://
www.sloughcrossroads.org.uk/
community-connect-empowering-
lives-together/](https://www.sloughcrossroads.org.uk/community-connect-empowering-lives-together/)

Or

Call: 01753 525796

Email: info@sloughcrossroads.org.uk

The Future of Food: What Will Be on Our Plates in 2035?

As we look ahead to 2035, one thing is clear: the way we produce and enjoy food will change faster than ever. From plant-based diets and marine algae supplements to English sparkling wine and regenerative farming, the future of food is both innovative and sustainable.

To understand what's coming next, I spoke on behalf of *Around Langley* with three experts who are shaping the conversation about how we'll eat and farm in the years ahead.

Plant-Based Power: Good for You, Better for the Planet Plant-based diets are no longer just a trend; they're becoming a cornerstone of sustainable living. Helena Davidson, Campaigns and Policy Officer at The Vegan Society, believes that shifting toward plant-based foods is essential for protecting both our health and the environment.

The Vegan Society attended New Scientist Live this year to share its new campaign, *The Future is Vegan*, which uses virtual reality to help positively visualise the benefits of plant-based food and lifestyles. You can also explore the desktop version of this vegan utopia and discover the benefits of a vegan world for yourself at www.vegansociety.com/the-future-is-vegan.

"Plant-based diets are one of the most effective ways to reduce our carbon footprint", Helena explains. "By moving away from animal agriculture, we can cut emissions, save water and make better use of our land."

One particularly exciting area of development is marine algae, which may soon be a common ingredient in everyday foods. Marine algae are packed with nutrients and offer a plant-based source of omega-3, traditionally obtained from fish oil. "We're already seeing omega-3 supplements sourced entirely from algae," says Helena. "By 2035, plant-based nutrition will be even more diverse and accessible."

Healing the Soil: Rethinking How We Farm Our farming systems are under pressure. Intensive agricultural methods have boosted yields for decades, but often at the cost of soil health. Duncan Rawson, Partner at European Food and Farming Partnerships, says it's time for a rethink.

"Modern farming has relied heavily on nitrogen and carbon-based fertilisers that accelerate growth but degrade the soil," Duncan explains. "We need a more holistic, regenerative approach that restores what we've lost."

Regenerative farming focuses on rebuilding soil quality, reducing pesticides and using low-carbon fertilisers to limit environmental impact. New technologies are helping too. Farmers are testing UV light treatments to control pests, using microscopes to identify insects and even employing DNA sampling to monitor



Modern agricultural equipment

animal health.

Training and education are also evolving. Some agricultural colleges now use tractor simulation games to train future farmers in navigation and precision farming. "By 2035, farming will be more collaborative, linking agriculture with industries like water, banking and energy to create a fully connected system."

Raising a Glass to the Future: English Wine Comes of Age While the farming world looks to regenerate the soil, the UK's vineyards are thriving. According to James Clapham, Programme Manager for Viticulture and Oenology at Plumpton College, England's wine industry is entering a golden era.

"We've learned a great deal over the last 60 years producing wine in the UK and our conditions are now very similar to those in the Champagne region of France," James explains. "That's why

English sparkling wine has gained so much recognition. In fact, DEFRA has stated that viticulture is now the fastest growing sector in agriculture.”

Looking ahead, research into disease-resistant grape varieties is set to make vineyards more sustainable and resilient. “By 2035, we’ll see more English wines”, says James. “The industry has the expertise and the environment to keep growing.”

The Road Ahead: Connected, Conscious and Collaborative The future of food will be defined by innovation, cooperation and care for the planet. From plant-based nutrition to regenerative farming and award-winning English wine, the changes we make today will determine how and what we eat in the next decade.

As Duncan Rawson puts it, “We’re moving toward a future where technology, sustainability and community all work together. The goal isn’t just to feed people, it’s to sustain them.”

And that’s a future worth raising a glass to!

Magdalena Farynska

Do we have a Problem with 'Overdiagnosis'?

You may have followed the recent debate about whether mental health conditions are being over-diagnosed. This has been sparked by Health and Social Care Secretary Wes Streeting’s announcement of a review into the factors behind

increased diagnosis of mental health conditions, as well as ADHD and autism.

Healthcare professionals and wider society are divided over whether mental health conditions are being over-diagnosed or under-diagnosed.

On one side of the debate is the view that conditions are being over-diagnosed, with doctors giving labels and treatments for what should be considered everyday stresses and challenges. Over half of GPs [surveyed](#) by BBC News had this view, with concerns about ‘over-medicalising life and emotional difficulties’, and that ‘life being stressful is not an illness’.

On the other side of the debate is the opinion that, if anything, mental health conditions are actually under-diagnosed. Many GPs surveyed felt that “people need to be accepted, helped and encouraged to live life”, and mental health charity [Mind](#) warns of a ‘paradoxical increase in cynicism about mental health...with claims of overdiagnosis’. According to Rethink Mental Illness (2025), many people are waiting as long as a year and a half for mental health support.

Both of these viewpoints miss the fundamental issue. Instead of focusing on whether there is too much or too little diagnosis, we should be asking why people need to go via NHS services to access mental health support in the first place. If the challenges they face are everyday stresses, why aren’t the tools people need to manage these more easily available?

I'm not making this argument as an outsider. Aside from spending over a decade working in healthcare policy and education, I've been a mental health service user. I've experienced varying levels of support from primary mental health services – especially cognitive behavioural therapy (CBT) through talking therapies.

I benefited from clinical support for some of the challenges I experienced, and clinical pathways remain essential for many cases – including when people have serious mental illnesses or complex needs. But much of what I learned were techniques that should be universally accessible. If you're familiar with CBT, you'll know that it teaches lots of strategies for managing negative thoughts and feelings, such as worries.

These tools are widely used, with almost [two million](#) people accessing CBT in the UK in 2021. The mistake that those who believe there is over-diagnosis make is to assume that most of those people didn't need this CBT support, because their diagnoses aren't valid. I'd flip this on its head: if people need support to manage their emotions, why do they have to wait weeks or months and then enter a clinical pathway in order to access it?

Of course, there are CBT resources available online and lots of ways to access support outside of these pathways. But how aware are people that this is the case, and that these resources might help them to manage their emotions without the need for a

clinician's help?

The over-diagnosis debate itself contributes to this problem. Critics often also dismiss people's mental health challenges, and thereby contribute to the stigma surrounding them. This prevents people from having open conversations about their struggles that could normalise these emotions and challenges, and get them talking about the tools and resources that could help them deal with their situation.

Instead of polarising the debate and insisting that conditions are over- or under- diagnosed, we can all play a part – by being honest about our challenges and encouraging each other to access support when we need it, whether through online resources, community groups or simply by having an open conversation over coffee with a friend.

Where possible, people must be empowered to manage their emotions without the need for clinical pathways and waiting lists. Ensuring that everyone has access to coping strategies and tools for building resilience would reduce demand on mental health services – freeing up precious clinical support for those who most need it and helping millions of people navigate challenges without reaching crisis point. The government's review is an opportunity to fundamentally reshape how we think about mental health support in the UK.

Andrew Grey

Planet Earth

I'm the curling, churning river,
swirling through the twisting hills
on my bed of sifting silt
I never sleep, my dreams aren't still

I am the cloud clad mountain
with an ancient spine of stone
rising from the burning mantle
there are diamonds in my bones

I'm the drifting nimbostratus
clutching shards of silver rain
from loosened palm I tip them
gently
soothing crackling lands of flame

I'm the purple, fizzing lightning bolt
that rips the sky in half
and brings along the winter wind
that whips away your scarf

I'm the hurling hurried hurricane
the thunderstorm, the breeze
I am the sparkling sunlight
making mirrors on the seas

I'm the thawing of December snow
the herald of the spring
the opening of petals
strong and delicate as wings



I am the elder oak tree
green gloved fingers branching out
slowly costumed by the seasons
life has grown both up and down

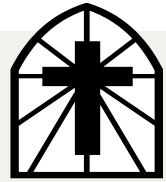
I'm the fresco painted on the leaf
where the resting songbirds perch
I'm the blade of verdant grass
upon the green by village church

hear the fullness of creation
in the hollow of a shell
bathed in starlight from the sea of
night
the afterglow of white-hot pearls

I am part of you
you are part of me as well
you are my custodians
your kindness means the world.

Christian Foley

www.christianfoley.co.uk



Regular Weekly Service Times

Holy Family (Roman Catholic) (Trelawney Avenue)

We will be having Masses at 5pm on Saturdays and 9.30am and 11.30am on Sundays

The 9.30am Mass is live streamed on our YouTube Channel:
"HOLYFAMILYCHURCHLIVE"

Langley Free Church (Baptist) (Trelawney Avenue)

Please note that there will be services on all Sundays at 10.30am.

Now that the church is without a minister, services will continue to be led by members of the congregation. Speakers will be drawn from within the church and from outside, including representatives of Christian charities and missionary organisations.

Communion will be taken on the second Sunday in the month.

The Anglican Churches

St Mary the Virgin (St Mary's Road)

8am Holy Communion (BCP, said)

11am Family Communion

Christ the Worker (Parlaunt Road)

9.30am Holy Communion on Second and Fourth Sundays

11am Service of the Word on First, Third and Fifth Sundays

St Francis of Assisi (London Road)

All Sunday Services start at 9.30am (unless specified otherwise)

Holy Communion First, Second and Third Sundays,

Service of the Word (all-age) Fourth Sunday,

Fifth Sunday, no fixed format

Regular Activities at Langley Churches

Bible Study

On Zoom, Thursday afternoons, 2pm: no programme as yet. **Check with diana.iller@gmail.com for more information.**

Langley Free Church: Thursdays 7.30pm at church, and mornings at a house.
(Contact secretary@langleyfree.org.uk or phone 01753 540771)

Christ the Worker: Mondays, 1pm (Contact: Audrey Boyle Tel. 01753 583 924)

'MONDAYS' at LFC

If it's company you're after, why not join us at Langley Free Church on a Monday for a cuppa—any time between 11am and 2pm. **(NB NOT on 16th March**, because of Easter Cracked, Mon–Fri that week)

Please bring your own lunch.

(Entry charge: £2.)

Oasis at Langley Free

Wednesdays from 1.30 to 3.30pm
Midweek Fellowship and occasional guest speakers.

Contact: Ann Portsmouth 01753 585845

Christ the Worker and Shamrocks Friendship Club



Every Monday (except Bank Holidays) at the Shamrocks pub, 10am—noon, 12 Parlaunt Road, Langley, SL3 8BB. Tea, coffee, useful information from guest speakers and more... Everyone welcome.

BUT BEWARE! The Council are charging for Car Parking now!

Youth Club at LFC

The Langley Free Church Youth Club meets on Tuesday evenings during school term.

from 7.30pm to 9pm

for Ages 10 to 14 (Years 6-8)

Contact:

Andrew Collett 07719 997649

REFRESH! at St Francis

Third Thursday of every month

Join us for tea and cake and fellowship with a talk or maybe a quiz or even a surprise activity! A warm welcome awaits you!

Craft Afternoons at LFC 12–4pm



Bring your hobby along and join us on

the 3rd Saturday of every month:

28th February (NB 4th Sat)

and 21st March

Contact Chris on 07789 838 500.

(Suggested donation: £2 towards refreshments)



Faith Matters

The Tower of Babel

The Tower of Babel might seem an unlikely place to look for wisdom about smartphones, social media, and artificial intelligence. It is one of my favourite stories in the Old Testament, because this ancient story from Genesis 11 speaks powerfully to our digital age. The average mobile phone is more powerful than the computer that sent humanity to the moon in 1969.

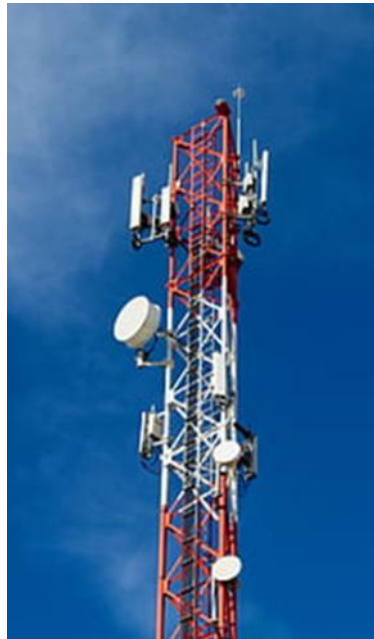
The narrative is brief but brilliant: humanity shares "one language" and decides to build a city with a tower reaching heaven, saying "let us make a name for ourselves." God responds by coming down to see their work—dramatic irony suggesting that even humanity's greatest achievement is tiny before God—and confuses their language, scattering them across the earth.

For the original readers, this was a pointed critique of Babylon, whose ziggurats were claimed as "gates of the gods." The Hebrew wordplay is striking: "Babel" sounds like "balal," meaning confusion. What Babylon called a stairway to heaven; God reveals as a monument to human pride resulting in chaos.

But the story reveals patterns we can recognise throughout history. Like Babel's builders, we repeatedly unite around

technological achievements, believing we can reach heights only God should occupy. The bricks and mortar of Babel weren't evil—they were remarkable innovations. But they were deployed for the wrong purpose: human glory rather than service to God and neighbour.

The internet promised to connect the whole world, overcoming barriers of distance and language. In many ways, it has. Yet despite unprecedented connectivity, we're experiencing epidemic loneliness. Social media platforms promise community but often deliver echo chambers where algorithms feed us only what confirms our existing views.



Technology that should unite us frequently divides us.

The Babel story highlights how language shapes power. When a few tech giants control how billions communicate—when algorithms determine what we see, what we believe to be true, and even how we understand reality—we should ask: who benefits? The world's poorest often cannot access technology's benefits, despite extraordinary wealth being concentrated in Silicon Valley towers.

Like Babel's builders who said, "let us make a name for ourselves," companies and individuals pursue digital fame and influence. We measure our worth in followers, likes, and engagement metrics. We build personal brands while genuine community crumbles.

Yet the biblical story doesn't end in judgment. The confusion of languages at Babel is reversed at Pentecost, when the Holy Spirit enables the disciples to speak so that people from every nation hear the good news—each in their own language. Unity is restored, but diversity is honoured. The early Christians shared possessions and cared for the vulnerable, demonstrating solidarity rather than self-promotion.

This points toward Revelation's vision: people from every nation, tribe, and language worshiping together in God's restored creation. Not uniformity, but genuine unity in Christ. The call to be an intergenerational community.

For us today, this offers both warning and

hope. We should approach technology with clear-eyed realism about human pride and power. We need accountability for tech companies, protection for the vulnerable, and ethical frameworks for innovation. We should resist the idol of technological salvation—the belief that apps and algorithms will solve problems only God can ultimately address.

But we can also use digital tools faithfully: building genuine community, amplifying marginalized voices, enabling creative collaboration across borders, proclaiming good news in our own time and language.

The question isn't whether to engage technology, but how to do so in ways that serve God's purposes rather than building monuments to ourselves. That remains as urgent today as it was in ancient Babel.

Rev. Christopher Ferris

Who is the Pope—and why is he Important?

On May 8th 2025, millions of Catholic people around the world (and many others too) were excitedly watching their televisions for news from Rome. Their beloved Pope Francis had died and the cardinals of the Church, 133 of them, had entered the Sistine Chapel in their splendid scarlet robes to elect his successor. Their decision came quickly and the waiting millions were told not by text or email but by the appearance of white smoke over St Peter's Square. It was theatrical, to say the least.

Once the white smoke appeared there was a wait for about an hour or so and then the new Pope appeared before the world on the balcony of St Peter's Basilica. He was Robert Prevost, born in Chicago but having spent many years as priest and bishop in Peru. In line with tradition he took on a different name, Pope Leo XIV, and he is the 227th Pope.

It is quite difficult to say in a few words the place the Pope, any Pope, has in the life of Catholic people and in the wider world. Catholic people believe him to be the successor of St Peter, the first leader of Jesus' Church, and so he is first of all seen as a figure of authority. Catholics listen very carefully to what he says. He is expected to speak clearly the teachings of the Catholic Church and, above all, to be the person who encourages Catholics to be true followers of Jesus Christ. He is not seen as divine but rather a "father figure". In fact, the word "Pope" comes from the Latin "papa" and from the Greek "pappas" meaning "father".

As well as being the leader of the Catholic Church Pope Leo is now a head of the Vatican State and even though he has no great political power he will be seen by many as having the moral authority to speak out about issues that concern not just Catholics but people of different religious faiths and of none. In 2015 the late Pope Francis wrote an encyclical (Papal letter) which he addressed not just to the Catholic Church but to the whole world. It was the first such letter ever written by a Pope on the subject of the

environment—and it went on to make waves both inside and outside the Church.

UN Secretary-General Ban Ki-moon praised the document for its "moral voice," while the Indian novelist Pankaj Mishra called it "arguably the most important piece of intellectual criticism in our time." *Laudato si'* (the name of the letter) also had an impact on policy. It is often credited with helping to build consensus in the run-up to the 2015 UN Climate Change Conference in Paris, at which 196 countries signed a treaty pledging to keep global warming to below 2°C.

So, if new Pope Leo has these roles of Church leader and a world moral leader what has he been saying since his election in May? He is a quieter, more measured man than his predecessor Pope Francis (who was renowned for his "off the cuff" remarks) but he has spent much of his priestly ministry among the poor of Peru and so it is not surprising that his first letter to the Church echoes the same message that characterised the papacy of Pope Francis. He focuses on Christ's love for the poor and the call for the Church to renew its commitment to those most in need. He reminds the Church and the world that those who are experiencing poverty are given special attention in God's eyes. Those who follow Jesus are therefore called to put the needs of the marginalised and vulnerable first. And Pope Leo challenges us that love for the poor must move beyond ideas to concrete action. He particularly points us to the



plight of the migrant, women who are victims of violence and exclusion and to those who go without food and shelter.

And what is the Pope's message to world leaders in these worrying times? He is quite outspoken. He has denounced countries for "completely undermining" peace, saying "war is back in vogue and a zeal for war is spreading". Though he did not name specific nations, his remarks are being interpreted as a critique of US, Russian and other military incursions in sovereign countries. He reflected that traditional consensus-based diplomacy "is being replaced by a diplomacy based on force, by either individuals or groups of allies". The Pope's language is in complete contrast to the words of, say, Stephen Miller, one of President Trump's closest advisors, who says: "We live in a world in which you can talk all you want about international niceties and everything else, but we live in a world, in the real world... that is governed by strength, that is governed by force, that is governed by power".

Pope Leo is a father to the Church and in many ways a father to the world. He is a devoted follower of Jesus Christ, who said "blessed are the peacemakers". He is a voice for us that can speak to power and plead for peace.

Canon Kevin O'Driscoll

Hymns I Love...

A while ago readers were invited to write in about their favourite hymn. Having been born and brought up by the sea in South Devon (I could see the sea from my bedroom window) I didn't have to think long and hard about this question - 'When lamps are lighted in the town, the boats sail out to sea' immediately came to mind. We would sing it quite regularly in Assembly at Junior school, especially after a storm. As I moved on to Senior School we would sing, "Eternal Father strong to save, Whose arm doth bind the restless wave", popularly known as a prayer 'For those in peril on the sea', which remains one of my favourites, especially as my sister became the first WREN to board a naval ship as part of her role in the Fleet Air Arm.

Both these hymns remain very relevant today, the first asking God to protect those who provide a substantial part of our diet (who doesn't like fish and chips now and again?) and the second making us very aware of the risks taken by many in this very unsettled world.

Kate Cox

Paul's Letter to the Philippians

As with the letters from Paul to the churches in Galatia and Colossae, covered in recent issues of Around Langley, Philippi was a Roman city. It was in the region of Thrace, in what is now North East Greece, and was the first place in Europe where a Christian church was established (Acts 16.12) by Paul and Silas. Paul is writing this letter from prison, either in Rome or Ephesus, ten or more years after that first visit in which he and fellow missionary, Silas, also had to spend time in jail.

Remarkably, given that background, this is the most joyful of all Paul's letters in the New Testament. In fact, one of the messages that emerges clearly in this letter is how, for the Christian, joy is not based on circumstances, but on a growing relationship with Jesus and fellow followers.

Paul (and Timothy who is attributed as a co-writer of this letter) wrote of *joy in living*, including suffering in chapter one; *joy in Christian service* in chapter two; *joy in Christian fellowship* in chapter three; and *joy in contentment* in chapter four.

Well might Paul start the letter by sharing his thoughts that from the very beginning he had confidence that these believers in Philippi would grow in faith, and then pray that their love would flourish and continue to grow.

A major theme is of shared friendship and fellowship, which is dependent upon that

relationship with Jesus, in which they all continually seek to grow more like him. Paul uses his own life and situation as an example for this purpose.

Whereas other New Testament letters were written to deal with problems, with the exception of one relationship issue between Euodia and Synteché that needed resolving, this letter was written to praise, encourage, and generally share in a spirit of thankfulness.

If there was a particular reason for the letter to the Philippians being written it was that Paul wanted to say thank you for a gift in support of his work. He does this by sending the letter in the hands of Epaphroditus, who had brought the gift from Philippi, and is returning having been seriously ill. In general, Paul did not usually depend on others for financial support, but 'worked his way' as a tent maker, or worker in leather, to support his church planting, teaching and writing.

The letter to the Philippians shows the importance of being thankful, whatever our circumstances, friendly and prayerful. These three characteristics of Christian behaviour are strongly commended in this letter.

Tony Randall

"What is anger?"

a wise man was once asked. He replied, "It is a punishment you give yourself for somebody else's mistakes."



(Cont'd from page 3)

We hope that some of you will find it useful to attend the Community Connect programmes. The Community Coffee Shop every Tuesday and Shamrocks Friendship mornings on Mondays are also regular features that anyone is welcome to join in, of course.

In the Faith section, Rev. Christopher Ferris draws parallels between the Tower of Babel story and media of today, and we are pleased to have another short introduction to a Letter from Paul in Tony Randall's account of Philipppians. It was delightful to hear from Kate Cox talking about her favourite hymns: a response to our invitation last year; I wonder if anyone else might be now moved to write!



Anna Thomas-Betts



**WORLD
DAY of
PRAYER**
FRIDAY, 6th MARCH

The World Day of Prayer will be celebrated this year at the church of **St Mary the Virgin, 1.30pm for 2pm.**

The service this year was produced by women of Nigeria and has the theme:

I will give you rest, come



**Dee S
Clark**



B.Sc(Hons) MChs Dip.pod.med.

*Member of The Society of
Chiropodists and Podiatrists*

**CHIROPODIST /
PODIATRIST**
HCPC CH17351

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evenings and Saturdays)*

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Wexham
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01753 552725**



QUIZ NIGHT

Saturday 7th February 2026

Iver Village Hall

2 Grange Way, Iver SL0 9NW

Doors open at 6.30 pm

Come and test your wits and have a fun filled evening in good company.

Fish, Chicken, Vegetarian Burgers or Saveloy and Chips included in £20 entry ticket

There will be a Bar and Raffle

Get together with your friends and family to form a team of 6 people per table or join a team on the night.

Prizes will be awarded to the winning team

All profits go to local charities

Book at:

<https://rotary-club-of-langley-and-iver.square.site/>





Robert, Chris, Andrew & Michael Lodge

OUR FAMILY HELPING YOUR FAMILY

For over 240 years, eight generations of the Lodge Family have been privileged to help local families in their time of need. We provide all funerals, whether modern, traditional, green or alternative, with care and compassion.

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01753 780077



"The staff at Lodge Brothers have been sympathetic, understanding and supportive. They were with us every step of the way throughout a very difficult time and we are and will be forever grateful for their support."

★★★★★ - Mr Robinson

Lodge
BROTHERS 1780

the family you can turn to

www.lodgebrothers.co.uk



ASK ABOUT OUR PRE-PAYMENT
FUNERAL PLANS

Parish Directory

St Mary's Church

www.langleymarish.com/stmary

Team Rector: Rev. Chris Ferris 07910 077885 rectoroflangley@gmail.com

Hall Lettings: Simona de Gregorio. tel. 07968 408813
churchcentre@hotmail.com

Parish Administrator: Angus MacKenzie 01753 350444 langleymarish@gmail.com

St Francis Church

www.langleymarish.com/stfrancis

Team Rector: Rev. Chris Ferris 07910 077885 rectoroflangley@gmail.com

Hall Hire: Mrs Joy Raynor 01753 676011 joyraynor@aol.com

Christ the Worker Church

www.langleymarish.com/c-t-w/

Team Rector: Rev. Chris Ferris 07910 077885 rectoroflangley@gmail.com

Hall Lettings: Barbara Soko tel. 07894 535522 christthe worker@gmail.com

Holy Family Catholic Church

<http://www.holyfamily.co.uk>

Parish Priest: Father Tony Brennan

Deacon: Rev. Graham Jones

Hall Hire: Mrs Lisa Chong

All contactable at 01753 543770, parish.holyfamily@northamptondiocese.org

Parish Worker: Mr Kieran McKeown 01753 543770 kieranmckeown50@yahoo.co.uk

Langley Free Church

www.langleyfree.org.uk/

Secretary: Paul Noyce 07831 428013 secretary@langleyfree.co.uk

Hall Hire: bookings@langleyfree.co.uk